MAMBA ACCESS PROGRAM

Rules, Code of Conduct & Participation Terms

Mamba Jiu Jitsu

The Mamba Access Program exists to help youth who may otherwise face financial barriers participate in structured martial arts training. Participation in the program is a privilege and requires commitment from both the student and their parent or legal guardian.

The purpose of these standards is not to demand perfection. We expect students to make mistakes, learn, improve, and grow. What we require is consistent effort, respect, responsibility, and a willingness to be coached.

By accepting assistance through the Mamba Access Program, the student and parent/guardian agree to the following terms.

---

1. RESPECT & BEHAVIOR

Students are expected to represent themselves, their families, and Mamba Jiu Jitsu appropriately.

Students must:

- Treat coaches, teammates, parents, visitors, opponents, and staff with respect.
- Follow coaching instructions and gym safety rules.
- Demonstrate good sportsmanship during training and competition.
- Keep hands, feet, and physical contact appropriate except during authorized training.
- Never intentionally injure another student.
- Refrain from bullying, threatening, intimidating, or harassing others.
- Refrain from discriminatory or hateful language or behavior.
- Avoid excessive profanity or disruptive behavior.
- Respect the gym, training equipment, locker/changing areas, and other people's property.
- Help maintain a positive and welcoming training environment.

Fighting outside of supervised martial arts training, using Jiu Jitsu techniques to bully or intimidate others, or intentionally harming another person may result in immediate suspension or removal from the program.

---

2. ATTITUDE & COACHABILITY

Students are not required to be the best athlete in the room.

They are required to make an effort.

Students participating in the Mamba Access Program are expected to demonstrate:

- A willingness to learn.
- A positive attitude toward training.
- Respect when receiving correction.
- Effort even when training becomes difficult.
- Humility in both winning and losing.
- Encouragement toward teammates.
- Personal responsibility for their actions.
- A willingness to apologize and correct behavior when mistakes occur.

Statements such as "I can't do this yet" are understandable.

Refusing to participate, repeatedly disrespecting instructors, deliberately disrupting class, or consistently displaying a hostile or entitled attitude may result in a meeting with the student and parent/guardian.

---

3. PERSONAL HYGIENE

Hygiene is a safety requirement in Brazilian Jiu Jitsu.

Because students train in close physical contact, poor hygiene can expose other members to skin infections and illness.

Students must:

- Arrive reasonably clean and ready to train.
- Wear a clean gi, rash guard, shorts, or other approved training clothing to every class.
- Never reuse sweaty training clothing without washing it.
- Keep fingernails and toenails trimmed.
- Maintain reasonable personal hygiene and use deodorant when appropriate.
- Keep shoes and outdoor footwear off the training mats.
- Wear footwear when walking in bathrooms or other designated non-mat areas.
- Keep open cuts, scrapes, or wounds properly cleaned and covered.
- Inform a coach of suspected skin infections before participating.
- Not participate with contagious skin conditions or illnesses.

Students with suspected ringworm, staph, impetigo, or another contagious skin condition may be removed from training until the condition has been appropriately treated and it is reasonably safe for them to return.

Coaches may ask a student not to participate in class if their clothing, hygiene, illness, or skin condition creates a health or safety concern.

This is never intended to embarrass a student. It is necessary to protect everyone training at the academy.

---

4. SCHOOL ATTENDANCE

The Mamba Access Program is intended to support students who are making a reasonable effort to participate in school.

Students are expected to:

- Maintain regular school attendance.
- Arrive at school consistently and on time when reasonably possible.
- Avoid unnecessary or repeated unexcused absences.
- Follow their school's attendance requirements.
- Make a reasonable effort to complete their educational responsibilities.

We understand that illness, family circumstances, transportation issues, disabilities, emergencies, and other legitimate situations can affect attendance.

A student will not automatically lose access to the program because of an isolated absence or difficult period.

However, repeated unexcused absences, skipping school, or a pattern of avoiding school responsibilities may result in a conversation between Mamba Jiu Jitsu, the student, and the parent/guardian.

The goal of this requirement is accountability and support—not punishment.

Parents/guardians agree to communicate honestly with Mamba Jiu Jitsu regarding significant school-attendance concerns when those concerns affect continued eligibility for the program.

Mamba Jiu Jitsu may request reasonable documentation of school enrollment or attendance when necessary to administer the program. Mamba Jiu Jitsu will not contact a student's school or request educational records without appropriate parent/guardian authorization when such authorization is legally required.

---

5. TRAINING ATTENDANCE

Access Program positions are limited.

Students receiving assistance are expected to actually use the opportunity being provided.

Students should make a reasonable effort to train consistently, with a general goal of attending at least two classes per week when their schedule permits.

We understand that students may occasionally miss training because of:

- School obligations
- Illness or injury
- Family emergencies
- Transportation problems
- Religious or community commitments
- Sports or other legitimate activities

Parents should communicate with Mamba Jiu Jitsu when a student will be absent for an extended period.

Repeated unexplained absences or extended periods without training may result in the student's program position being reviewed so that the opportunity may be made available to another family.

---

6. PUNCTUALITY

Students should arrive early enough to be dressed and prepared when class begins.

Occasional lateness is understandable.

Repeated lateness that disrupts class may result in a discussion with the student and parent/guardian.

Students arriving late should quietly wait for a coach's permission before entering the training area.

---

7. PARENT/GUARDIAN RESPONSIBILITIES

Parents and guardians are important partners in the success of the program.

Parents/guardians agree to:

- Encourage consistent attendance.
- Ensure students arrive with clean training clothing.
- Communicate significant attendance, health, behavioral, or scheduling issues.
- Treat coaches, staff, other parents, students, referees, and competitors respectfully.
- Support coaching rather than coaching from the sidelines during class.
- Arrange timely transportation and pickup.
- Keep emergency contact information current.
- Inform the academy of medical conditions or restrictions relevant to safe participation.
- Reinforce appropriate behavior and accountability at home.
- Contact the academy when concerns arise rather than allowing problems to go unresolved.

Mamba Jiu Jitsu is a martial arts academy and is not a childcare or after-school supervision service unless a specific program expressly states otherwise.

Parents/guardians remain responsible for appropriate drop-off and pickup arrangements.

---

8. BULLYING & USE OF MARTIAL ARTS OUTSIDE THE GYM

Training at Mamba Jiu Jitsu should make students more confident, disciplined, and capable of handling conflict responsibly.

Martial arts training must never be used to:

- Bully another student.
- Intimidate others.
- Show off by hurting someone.
- Start fights.
- Threaten classmates.
- Retaliate unnecessarily.
- Encourage others to fight.

Students are taught that physical techniques should generally be used outside the academy only when reasonably necessary to protect themselves or another person from harm.

Students are expected to seek help from parents, teachers, school officials, coaches, or other trusted adults whenever appropriate.

---

9. SOCIAL MEDIA & REPRESENTATION OF MAMBA JIU JITSU

Students and families are free to express their opinions.

However, students participating in the program should not use Mamba Jiu Jitsu's name, uniforms, logos, facilities, or affiliation to:

- Harass or threaten another person.
- Promote bullying.
- Encourage violence.
- Post intentionally degrading content about another student.
- Falsely represent themselves as speaking on behalf of Mamba Jiu Jitsu.

Concerns regarding the academy should be brought directly to Mamba Jiu Jitsu whenever possible so they can be addressed.

---

10. DISCIPLINE PROCESS

Whenever practical, Mamba Jiu Jitsu will attempt to correct behavior before removing a student from the program.

Depending on the circumstances, corrective actions may include:

1. Verbal coaching or correction.
2. Conversation with the student.
3. Parent/guardian notification.
4. Student-parent-coach meeting.
5. Temporary suspension from training.
6. Probation within the Mamba Access Program.
7. Removal from the Mamba Access Program.

Serious misconduct may result in immediate suspension or removal without progressing through every step.

Examples may include violence, intentional injury, severe bullying, threats, harassment, theft, repeated unsafe conduct, or behavior that creates a significant risk to students or staff.

---

11. PROGRAM ASSISTANCE IS A PRIVILEGE

Participation in the Mamba Access Program does not create a permanent entitlement to free or discounted training.

Program availability may depend on:

- Available program capacity.
- Funding.
- Student participation.
- Compliance with these standards.
- Continued eligibility.
- Academy operations.

Program assistance:

- Has no cash value.
- Cannot be sold or transferred.
- Applies only to the student approved for the program.
- May be modified, suspended, or discontinued when reasonably necessary.

Whenever practical, Mamba Jiu Jitsu will communicate with the family before terminating assistance.

---

12. FINANCIAL HARDSHIP & DIGNITY

Families participating in the Mamba Access Program will be treated respectfully.

Students should never be embarrassed, singled out during class, or treated differently by teammates because they receive financial assistance.

Information provided to determine program eligibility will be handled with reasonable discretion and used for administration of the program.

Receiving assistance does not make a student less valuable than a full-paying member.

Once they step onto the mat, they are a member of the Mamba Jiu Jitsu team.

---

13. SAFETY

Students must follow all academy safety rules.

Students are expected to:

- Tap when caught in a submission.
- Immediately release a technique when a training partner taps.
- Follow instructions regarding prohibited or age-restricted techniques.
- Inform coaches about injuries.
- Avoid reckless training.
- Train at an intensity appropriate for their partner.
- Stop immediately when instructed by a coach.
- Never deliberately attempt to injure another student.

Safety violations may result in immediate removal from a training session.

---

14. PARENT COMMUNICATION

Mamba Jiu Jitsu believes most problems can be resolved through communication.

Parents are encouraged to contact the academy regarding:

- Financial circumstances affecting participation.
- Transportation difficulties.
- School issues.
- Behavioral concerns.
- Problems with another student.
- Injuries.
- Changes in family circumstances.
- Questions about coaching or training.

Seeking help or communicating that a family is experiencing difficulty will not by itself be treated as misconduct or grounds for removal from the program.

---

15. SEPARATE WAIVERS AND POLICIES

These Participation Terms and Code of Conduct do not replace any separate:

- Liability waiver.
- Assumption of risk agreement.
- Medical authorization.

- Emergency contact documentation.
- Membership agreement.
- Competition waiver.
- Photo/video/media release.
- Privacy notice.

Those documents may apply separately when appropriate.

STUDENT COMMITMENT

As a Mamba Access Program student, I agree to:

Show Up. Stay Clean. Work Hard. Respect Others. Listen to My Coaches. Take School Seriously. Help My Teammates. Represent Mamba Well.

I understand that I do not have to be the strongest, fastest, most athletic, or most talented student.

I am expected to give effort, accept coaching, and continue improving.

PARENT/GUARDIAN ACKNOWLEDGMENT

By signing below, I acknowledge that:

I have reviewed the Mamba Access Program Rules, Code of Conduct & Participation Terms with my child.

I understand that participation in the Mamba Access Program is subject to these standards and available program capacity.

I agree to communicate with Mamba Jiu Jitsu when circumstances arise that may affect my child's participation.

I understand that serious or repeated violations of these standards may result in suspension or removal from the Mamba Access Program.

I understand that these terms do not replace the academy's separate liability waiver, assumption-of-risk agreement, or other required membership documentation.

Student Name: _____

Student Signature: _____
If age appropriate

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____

Mamba Jiu Jitsu Representative: _____

Date: _____

MAMBA STANDARD

Discipline on the mat.
Responsibility off the mat.
Respect everywhere.